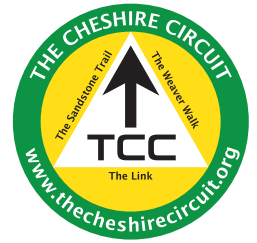
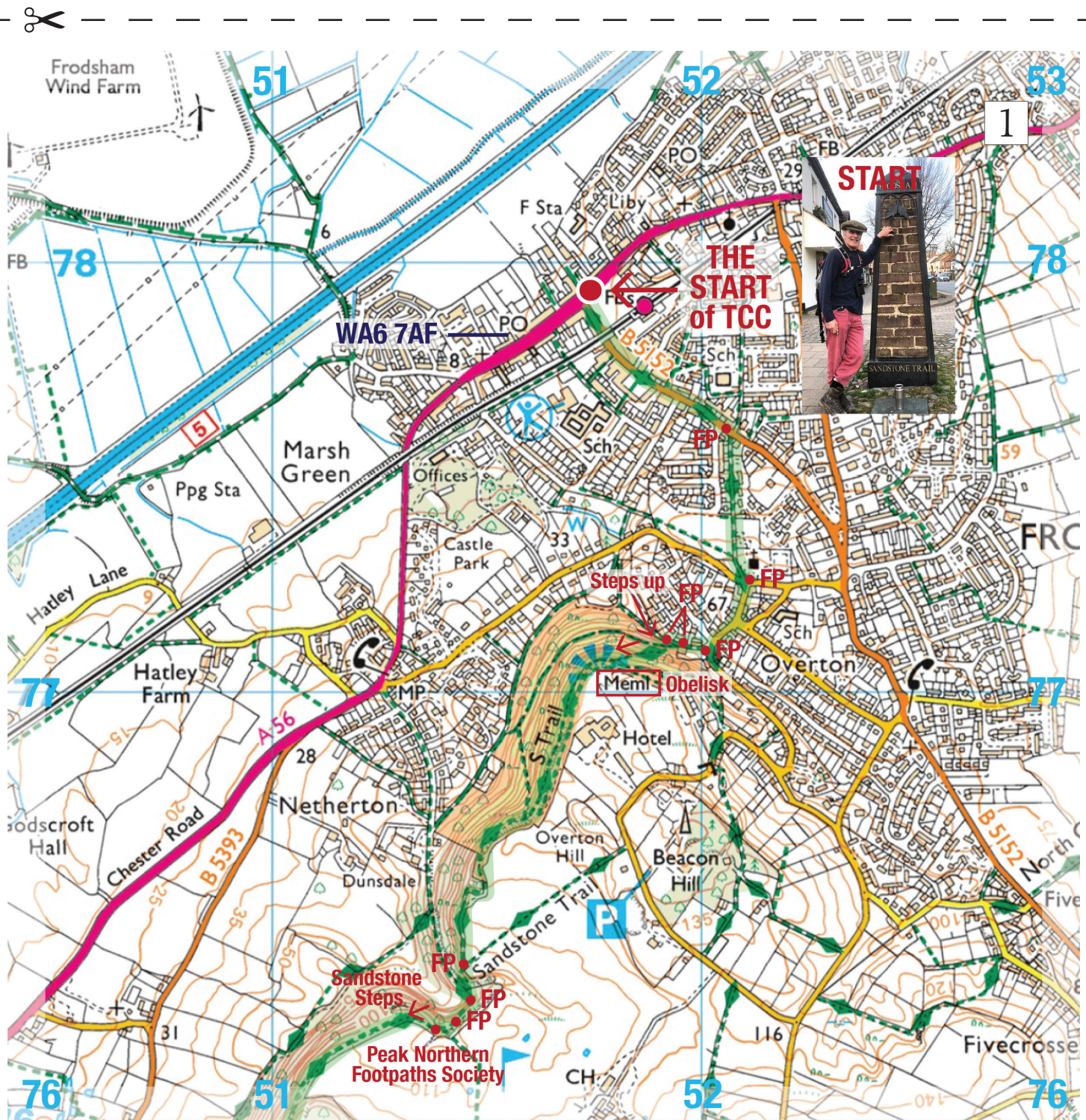


Map 1 – We begin at the Sandstone Trail, obelisk outside The Bears Paw. We soon pass the lovely Saint Lawrence Parish Church and follow the route to the memorial obelisk. Here there is a spectacular view across the Mersey and on a clear day you can see the Liverpool Cathedral, wind turbines on Frodsham Marshes, Runcorn Bridge and round to Fiddlers Ferry Power Station. As we follow a sandstone ridge you soon learn why this part of TCC was so named.



Map 1 is up and down, though not difficult, it could be described as strenuous.

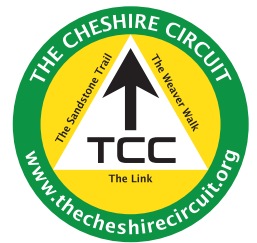




The logo is a circular emblem. The outer ring is green with the text "THE CHESHIRE CIRCUIT" in white at the top and "www.thecheshirecircuit.org" in white at the bottom. The inner circle is yellow and contains a black triangle pointing upwards. Inside the triangle, the letters "TCC" are written in large black font, and "The Link" is written in smaller black font below it. The text "The Sandstone Trail" is written in black along the left side of the triangle, and "The Weaver Walk" is written in black along the right side.

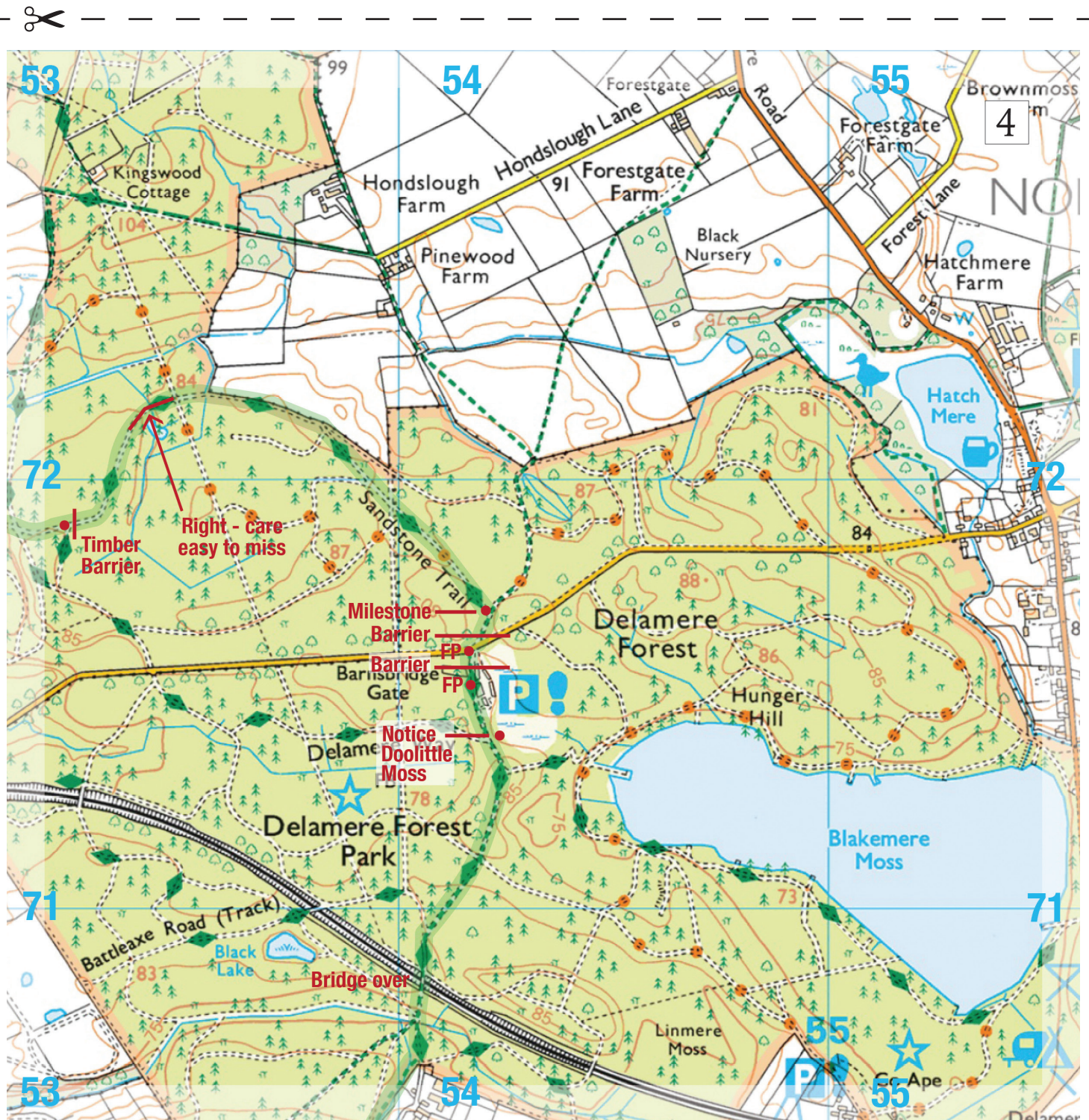
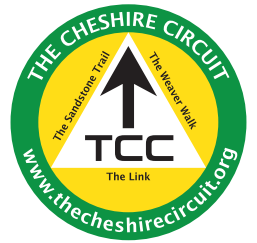


We walk from the sandstone ridge past Manly Knoll and into the western edge of Delamere Forest Park. An easy walk with some tarmac but not too much traffic.



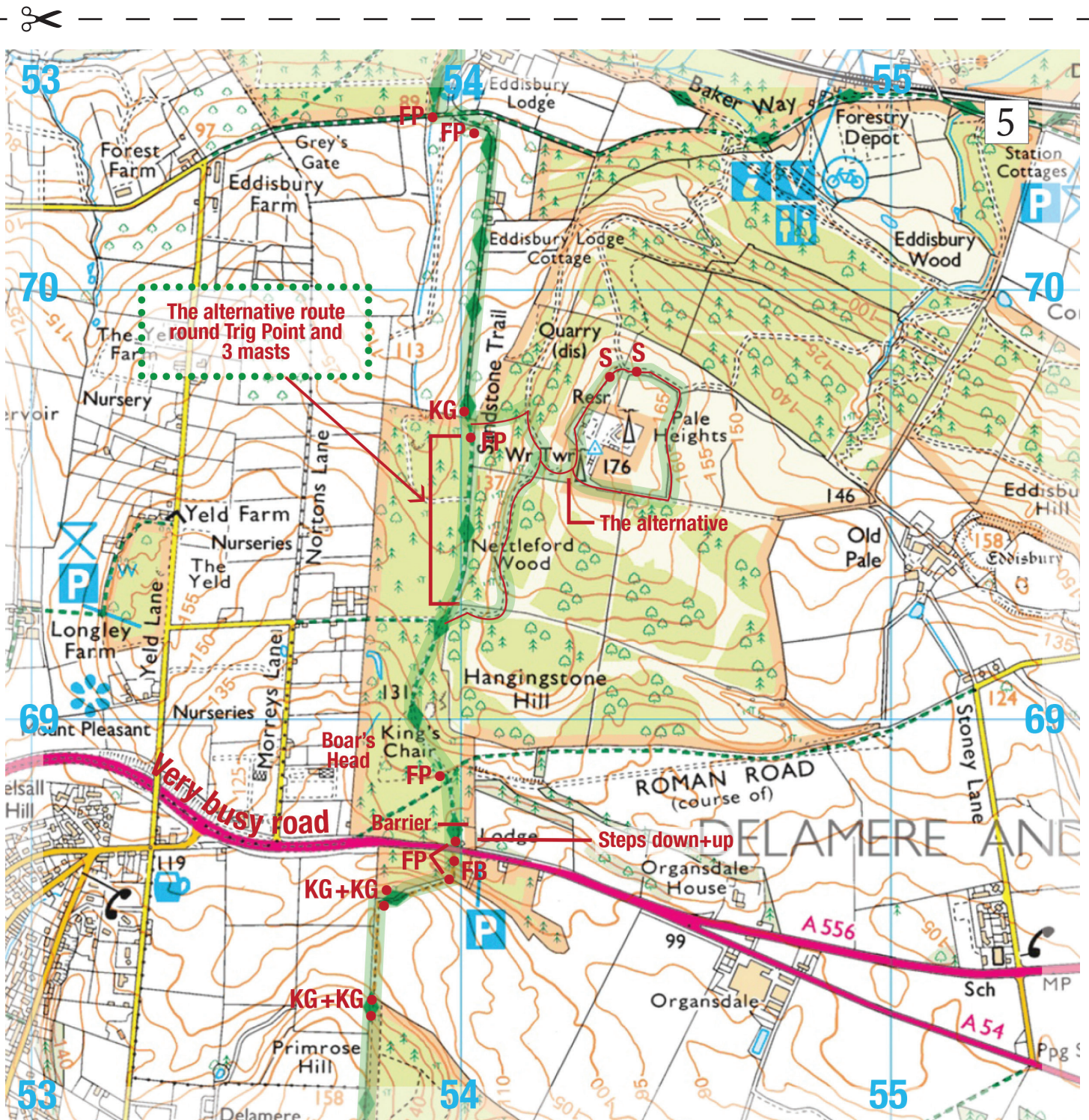
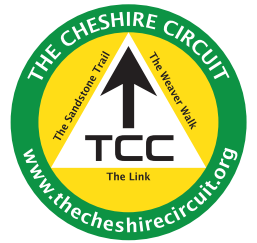


An easy walk through Delamere Forest. There are many paths so do take care with your navigation.





An interesting walk beginning at Eddisbury Lodge passing close to the electronic/radio masts on Pale Heights. Walking up to the trig point is a worthwhile deviation. Admire the Boar's Head by the Kings Chair; take care crossing the busy A54 and enjoy the views East at Primrose Hill.





Careful not to miss the turn East early on this map; enjoy the splendid view East at Roughlow Farm and West near Rock Farm.

